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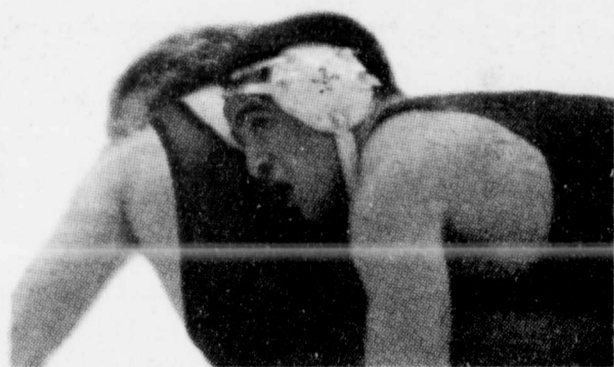
# MUSTANG DAILY

CALIFORNIA POLYTECHNIC STATE UNIVERSITY

## TODAY'S WEATHER

High 74°

Low 42°



Mustang wrestling maintains high hopes despite loss to No. 10 Oklahoma

IN SPORTS, 16

Find out the key to Oprah Winfrey's celebrity success

IN ARTS &amp; CULTURE, 5



Volume LXVIII, Number 56

Thursday, January 20, 2005

Mustangdaily@calpoly.edu



LOSS OF ENERGY



ISOLATION FROM CROWDS



UNEXPLAINED CRYING

COURTESY PHOTOS

These pictures represent common symptoms experienced by someone who is dealing with depression.

## Counseling program aims to prevent suicide

Allison Terry  
MUSTANG DAILY

Mark Reuling graduated from Cal Poly with a degree in construction management in 1989. He got a job in Manhattan Beach, married his college sweetheart and practiced to improve his beach volleyball skills. He had settled into a fast-paced, fun-filled life.

Then something in his life began to unwind.

He couldn't move beyond the seemingly simple problems of making everyday decisions and participating in simple tasks. He lost his energy and passion for being with friends and family. Reuling sought help from his wife and friends, but he could not overcome his depressive behavior. He even visited psychologists and social workers who reinforced the pessimistic attitude. A diagnosis of panic attacks led to medications that were tried haphazardly with no attempt made to discover the root causes of his condition.

Surrounded in a cloud of confusion and denials and an inability to make decisions, he committed suicide in 1996. If Reuling or his friends and family had understood the symptoms of depression, and

### College student depression statistics

Students diagnosed with depression

15.7%

Males

8.5%

Females

Among college student suicides 95 percent suffered from mental illnesses

KATIE ZEALCAR

had he received appropriate medical treatment, he might still be alive today.

Reuling's story, however, is not unusual among young adults.

Suicide is the second leading cause of death among college students and the third leading cause of death among people ages 15 to 24. Nearly 4,000 teenagers and young adults kill themselves each year in the United States, according to the American Foundation for Suicide Prevention Web site.

The AFSP Web site also provided the leading cause of suicide among college students, 95 percent are suf-

fering from mental illness, usually depression.

According to Cal Poly's Counseling Services Web site, two-thirds of people who suffer from depression do not seek the necessary treatment, but treatment works, more than 80 percent of all people with clinical depression significantly improve their lives when they receive the proper treatment.

"Prevention, prevention, prevention," said Teresa George, head of Counseling Services at Cal Poly.

Depression is real, common and treatable, George said. Suicidal feel-

see Suicide, page 2

## American schools leave science behind



KIEL CARREAU MUSTANG DAILY

Even though the Cal Poly teaching credential program requires students to take more science courses than most colleges, some students do not feel they are prepared to teach science in the classroom.

Recent study: Fourth graders in the United States rank fifth among 15 nations in math and science performance

Crystal Phend

MUSTANG DAILY

Kiley Ross began student teaching in a Sinsheimer Elementary School classroom four weeks ago. As a liberal studies senior, she helps teach math, writing and reading skills to Ms. Walorinta's third graders.

She has yet to see a single science lesson. The children only have half an hour of science twice a week in the afternoons when Ross is not at the school.

According to recent surveys by the National Science Foundation and Bayer, this scenario may be all too common across the country. Elementary school teachers often receive minimal preparation to teach science, which along with pressure to teach to state standardized tests leaves American students with lower science scores than their foreign counterparts.

An international comparison of the math and science performance of fourth graders found that American students' scores were much higher than average but with a lower ranking (fifth) among the 15 participating nations than in the previous 1995 study. The Trends in International Mathematics and Science Study was funded by the National Science Foundation.

This kind of comparison is an indicator of the number of future skilled workers available to a nation.

"The nation's economy is based on science, technology, engineering and math," College of Science and Mathematics Dean Philip Bailey said. "We don't produce enough to fuel the economy."

One reason many cite for low student performance is the lack of science education for teachers.

In a national survey sponsored by Bayer, the majority of teachers (72 percent) and deans (84 percent) surveyed said "elementary teacher education programs should require their undergraduates to take more

see Science, page 2

## EVENTS CALENDAR

**What:** Fund-raiser for romantic comedy. A team of Cal Poly students currently filming a feature-length romantic comedy as their senior project will hold a preview screening and fund-raiser to help finance final film production. The group is writing, producing, directing and promoting an independent feature-

length film called "Leave it to Chance."

**When:** Friday, 7 p.m.**Where:** Chumash Auditorium**More Info:** Call Eileen Chiao at (626) 278-8511.

**What:** Events Team Training. Join the ASI "Events Team" to help guide the decisions about what entertainment ASI Events brings to campus and to get hands-on experience at events. At the Events Team training you will learn about exciting opportunities for the upcoming year,

important information every Events Team member needs to know and become eligible to work at events. Lunch will be provided and training ends at noon.

**When:** Today, 11 a.m.**Where:** UU 220

**More Info:** Call ASI Events at 756-1112 or visit the Web site at [www.asi.calpoly.edu/uu/events/getinvolved.php](http://www.asi.calpoly.edu/uu/events/getinvolved.php)

**What:** Clubs to host cultural crafts fair. Cal Poly's Community Center will host a cultural craft fair

designed to teach children six to 11 years old about different cultures. Members from 15 Cal Poly cultural clubs will lead activities intended to educate children about diversity around the world.

**When:** Saturday, 10 a.m.

**Where:** San Luis Obispo Senior Center, 1455 Santa Rosa St., adjacent to Mitchell Park.

**More Info:** Call Joy Pederson at 756-6749.

**What:** Student piano recital. Cal

Poly piano students will perform in recital, and the performance is free and open to the public.

**When:** Wednesday, 7:30 p.m.**Where:** Davidson Music Building, room 218

**More Info:** Call the music department at 756-2406.

If you have an event you would like posted in the weekly calendar, e-mail what, when, where and more information about your event to [editorial@mustangdaily.net](mailto:editorial@mustangdaily.net). Please send events by Tuesday for possible inclusion for Thursday.



## Suicide

*continued from page 1*

ings are preventable, and mental health screening is often times the first step in getting help.

Counseling services provides several programs for students to gain information and help with identifying depression and suicidal thoughts.

"We live in a society that is very stressful and I don't think all the times students have the best skills in dealing with it," George said.

A new program sponsored by Counseling Services, Inscapes, focuses on helping students deal with their problems when they are small. The program starts today at 11 a.m. in the medical library, room 153. To register call Counseling Services at 756-2511.

Inscapes is a five-session program where students can learn how to deal with issues when they seem insignificant. Session topics include how to make friends, how to cope with stress, how to deal with confrontation, how to be assertive and how to identify what they are feeling, George said.

"I want people to start considering coming into counseling services when they've been depressed for a couple days, not a couple years," she said. "Or when they've had a thought about, 'Wow, I'm driving along and what would happen if I turned the wheel and ran into the cliff.'"

George wants to see students when they have that thought, not when they have a knife to their

wrists.

"If you come in when the problem is little, the chances of recovering and moving on and being successful are much higher," she said. "The more we can get students in when they are still in the blues kind of state, the better."

George said she believes this strategy would provide a more well-rounded experience for the students and minimize the impact of mental health concerns.

"We all have them," she said. "It just depends on how we respond to them in terms of how quickly we can move beyond them."

A study conducted by the American College Health Association found that 15.7 percent of college women and 8.5 percent of college men have been diagnosed with depression. Also, 15 percent of all student participants said depression and anxiety was the leading impediment to their academic performance.

The Federal Centers for Disease Control and Prevention reported that 7.8 percent of men and 12.3 percent of women ages 18 to 24 report frequent mental distress, a key indicator for depression and other mental disorders.

As head of Counseling Services, George administers the counseling department, supervises the clinical and support staff, runs the training program and is a psychologist.

"The main focus of my job is seeing students," George said. "Our job is to help maximize academic success in students by providing mental health and wellness services for them."

Another part of George's job is to provide educational services for Cal Poly's faculty and staff. This year, George wrote and distributed a brochure for the faculty and staff, the focus of the pamphlet was students and suicide.

George said there is a tremendous benefit in providing faculty and staff this information.

"I see a client for one hour a week," she said. "The faculty member may see them 10-plus hours a week, besides office hours. When I taught classes, it was very obvious to me who was having difficulties, poor academic attendance, poor performance on tests, poor performance on papers and projects. Students talk to their professors and to their advisers more than they talk to me. They have more contact with them. They're excellent eyes and ears for us."

The brochure includes information about the facts of suicide among college students, warning signs, major factors and how they can help a student in crisis. It also offers a guide for faculty and staff to help students in distress, but faculty and staff should not overcommit to the student. Help and assistance is always available from the professionals and counseling services.

In conjunction with National Depression Screening Day, Counseling Services sponsors the Mark Reuling Memorial Annual Volleyball Challenge. Proceeds from the event go to the Mark Reuling Endowment Fund.

Anyone who has questions about Counseling Services or is seeking help should call 756-2511.

## Science

*continued from page 1*

coursework both in science itself and in science teaching methods."

Even at Cal Poly, where the teaching credential program requires more science courses than most colleges, some students feel ill prepared to teach science.

"I will probably be teaching right out of a teacher's manual," said Amy Giles, a graduate student in the teaching credential program.

The program includes a course in teaching science, but Shirley Magnusson, who teaches it, said little research has been done to determine what the critical topics in science are for future teachers.

"Cal Poly is pointed in the right direction," Magnusson said. "It is much further along than many institutions, but there is much more to learn."

Even if Cal Poly teachers get plenty of science courses, it is a waste of time if they do not get a chance to use what they have learned, Ross said.

At Sinsheimer Elementary, which Ross said has more resources than any school she has seen so far, there are science materials available but

no time to use them.

"Everybody has been crunching the standards," she said.

Because funding is tied to achievement on state standardized tests, there is great pressure for educators to improve scores by "teaching to the test."

However, since elementary level testing emphasizes language and math skills far above science knowledge, it is likewise deemphasized in the classroom.

This also limits the kind of teaching that research has shown to be most effective: time-consuming, inquiry-based and hands-on science activities.

One solution may be using reading, writing and math activities that are based around science, Magnusson said.

"Students can read to learn even though they are learning to read," she said.

These kinds of changes are vital to create science literate citizens, Magnusson said.

"What we get with science education is a way of thinking that is privileged in our society," she said. "The kind of reasoning you learn in science is useful in many fields."

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## STATE NEWS

**LAGUNA BEACH** — Nearly three-dozen jumbo squid — the biggest 17 pounds — washed up on a 3-mile stretch of Orange County beach at Crystal Cove. Warm ocean currents may have brought the suspected Humboldt squid to Southern California and onto the beach Tuesday.

Dave Anderson, who runs Capt. Dave's Dolphin Safari at Dana Point Harbor, said the large squid

do bite, but they aren't aggressive and don't attack people, he said.

**ONTARIO** — A gang member out of prison just four days was shot to death by police after arming himself with a 12-inch knife and a barbecue fork and taking family members hostage.

Manuel Zaragoza Lopez, 24, used his mother as a human shield at dawn Tuesday before lunging at an officer, who shot the parolee, police Detective David McBride said.

"He wasn't following anything the officers were directing him to do," McBride said.

The officer shot to protect himself, other officers and Lopez's family members, McBride said.

**NAPA** — A Napa coffee shop is being sued after one of its customers claimed she suffered third degree burns from a cup of hot tea.

In a lawsuit filed this month in Napa Superior Court, Donna Gocobachi claimed she was

burned when the Beyond Coffee cafe heated up water to a searing temperature. She said the water was so hot, the cup disintegrated in her hand, and she was burned instantly, the heat of the tea melting her socks and ravaging a swath of skin.

Beyond Coffee owner Carrie Markham said Gocobachi told her she had been hurt enough to go on disability and demanded the phone number of the cafe's insurance carrier.

—Associated Press

## IN OTHER NEWS

**SAN JUAN, Puerto Rico** —

The oldest man in the world is from Puerto Rico, the Guinness Book of World Records has reported. Emiliano Mercado del Toro officially became the world's oldest living man on Monday, at the age of 113 years, 149 days.

He was born Aug. 21, 1891, in Cabo Rojo, on the southwest tip of this U.S. Caribbean territory. Mercado now lives in Isabela on the island's northwest coast.

He is also the oldest living veteran, London-based Guinness said. He didn't see action because, called up in 1918, he was two months into U.S. Army training when World War I ended Nov. 11, 1918.

Mercado was born while Puerto Rico was still part of the Spanish empire and lived through the transition after U.S. troops seized the Caribbean island in 1898 following the Spanish-American War.

He was born the same year Thomas Edison patented the radio, an earthquake killed 25,000 people in Japan, and U.S. Supreme Court Chief Justice Earl Warren, songwriter Cole Porter, Dominican dictator Rafael Leonidas Trujillo, and writer Henry Miller were born.

Mercado replaces Fred Hale Sr., who had been the world's oldest man. Hale, from the United States, died in his sleep on Nov. 19. He was 113 years old.

—Associated Press

## NATIONAL NEWS

**WASHINGTON** — For the first time, cancer has surpassed heart disease as the top killer of Americans under 85, health officials said Wednesday.

The good news is that deaths from both are falling, but improvement has been more dramatic for heart disease.

"It's dropping fast enough that another disease is eclipsing it," said

Dr. Walter Tsou, president of the American Public Health Association.

**WASHINGTON** — Condoleezza Rice won strong but not unanimous endorsement as secretary of state from a Senate panel Wednesday, assuring skeptical Democrats she welcomed debate about the nation's foreign policy course and wouldn't sugarcoat advice to President Bush.

If confirmed by the full Senate

as expected, Rice would be the first black woman to hold the post. Confirmation had been expected as soon as Thursday, but Democrats said they wanted more time, at least until next week.

**TAMPA, Fla.** — In what is believed to be the first ruling of its kind, a judge on Wednesday upheld the federal law letting states ban same-sex marriages, dismissing a lawsuit by two women seeking to

have their Massachusetts marriage recognized here.

Attorneys for conservative groups hailed the ruling by U.S. District Judge James S. Moody as an important first step, but the plaintiffs promised to appeal.

Although several federal cases challenge the 1996 Defense of Marriage Act, attorneys said Wednesday's ruling was the first by a federal judge on a direct challenge to the law.

—Associated Press

## INTERNATIONAL NEWS

**GAZA CITY, Gaza Strip** — The top Palestinian security official Wednesday ordered troops deployed along the Gaza-Israel frontier in an attempt to curb attacks from the Arab enclave, and Prime Minister Ariel Sharon reversed course again, approving a "security meeting" that for the time being headed off a possible large-scale Israeli invasion to curb

the surging violence.

The Palestinian troop deployment to stop militants from firing rockets and mortars into Israeli territory along the border was the first concrete step to rein in militants since the election of Palestinian leader Mahmoud Abbas.

**MOUNT ARAFAT, Saudi Arabia** — Saudi Arabia's top cleric told 2 million hajj pilgrims Wednesday that some of Islam's own son's had been "lured by the

devil" to conduct violent attacks on the kingdom and charged that the non-Muslim world was conspiring against the people of the faith.

The pilgrims converged on Mount Arafat for the climax of the hajj, their eyes welled with tears as they prayed on the most critical day of the annual pilgrimage the faithful believe will wipe away their sins.

**JAKARTA, Indonesia** — Indonesia's Health Ministry declared Wednesday that more than

70,000 people previously listed as missing are dead, significantly raising its estimate for the death toll from last month's tsunami.

If confirmed, the overall tsunami death toll in 11 countries would climb to more than 221,100.

However, this count differed sharply from other Indonesian government tallies. The Social Affairs Ministry has been keeping a count that on Wednesday stood at 114,978 dead and 12,132 missing.

—Associated Press



# UNDER FOUR? OR UNDER THE INFLUENCE?

80% of students have never had trouble with authorities due to drinking. The average CP student drinks less than 4 in a sitting.





## REVIEW

## Quaid, Grace work 'In Good Company'



COURTESY PHOTO

Dennis Quaid, Scarlett Johansson and Topher Grace co-star in the dramedy, 'In Good Company.' The film focuses on life in the corporate world as Quaid's character is replaced at work by a much younger hotshot.

Christina Joslin  
MUSTANG DAILY

Despite the movie's inert plot where little seems to actually happen, "In Good Company" has two great qualities: remarkable character interactions and a flawless depiction of today's corporate world.

"In Good Company" is a humorous tale of two different men with two different outlooks on life. Dan Foreman (Dennis Quaid) is an old-fashioned man in his early 50s who's been the ad sales head at "Sports America" magazine for more than 20 years. But when a worldwide conglomerate named Globecom buys the magazine, Foreman is kicked out of his corner office and replaced by Carter Duryea (Topher Grace),

a 26-year-old corporate hotshot who made an impression on Globecom's CEO by selling dinosaur-shaped cell phones to little kids.

Foreman is kept with the company due to Duryea's complete lack of knowledge about advertising sales. Foreman accepts the position as his "wingman" because his wife (Marg Helgenberger) announced she's having another child and his daughter, Alex (Scarlett Johansson), wants to attend tuition-intensive New York University. If that's not enough, Carter begins to date Alex, daddy's little girl.

From the trailers, one might think that "In Good Company" is a fluffy, romantic, feel-good comedy, yet the story runs much deeper.

er. Despite the upbeat beginning, the movie quickly descends into a continuous flow of depressing events.

At times, it's hard to decide who to pity: the lonely up-and-comer who thinks that buying a sports car will make his life happy, or the middle-aged man who gets demoted and struggles to keep a roof over his family's head.

This financial and emotional struggle between the two characters creates a unique bond that, at times, seems awkward but very honest and realistic. The connection

between Foreman and Duryea, though marked by genuine affection, avoids becoming a cliché because it's circumstantial, even hesitant and well-acted.

Grace and Quaid instill what could have been cartoon strips — the young clean-cut, insistent nightmare who's in it for the game; the red-faced, obstinate dinosaur who's in it for relationships — with compassion, wisdom and great comic timing.

Rising up from his former roles in "That 70s Show" and "Win a Date with Tad Hamilton," Grace shows utter refinement in his role as Duryea. Embarking on a serious film career, Grace exemplifies both naked aspiration and helplessness. Quaid, one of the old-timers in the movie industry, is much more established, imposing and easygoing with his humor perfectly placed in each scene.

From her earlier roles in "Girl with a Pearl Earring" and "Lost in Translation," one would assume that Johansson's role as Alex would have been extraordinary. Yet, her character was left as a closed box; emotionless, detached and cold. She holds some great moments with Quaid, but in general, her performance could have been better.

But, the movie is still worth seeing; just don't expect to leave the theatre feeling cheerful or happy about life. Instead, "In Good Company" captures the essence of one of life's most imperative questions, "What's more important, money or family?"

## 'Idol' scores huge ratings for 4th season debut

David Bauder  
ASSOCIATED PRESS

TV viewers couldn't wait for their "American Idol" fix, turning out 33.5 million strong for its season debut.

No other show this season has attracted so large an audience, and it represented the third-highest ratings night of entertainment programming in the Fox network's history.

"I'm as awe-struck as anybody," Fox entertainment President Gail Berman said. "We thought we would do well, but nothing like this."

Berman and the show's producers were busy earlier this week trying to dampen expectations, saying they anticipated the talent contest to lose some of its popularity in its fourth season.

Last year's season debut was seen by 29 million people, Nielsen said. The season opener even eclipsed last May's finale: 31.4 million people saw Fantasia Barrino crowned the third champion.

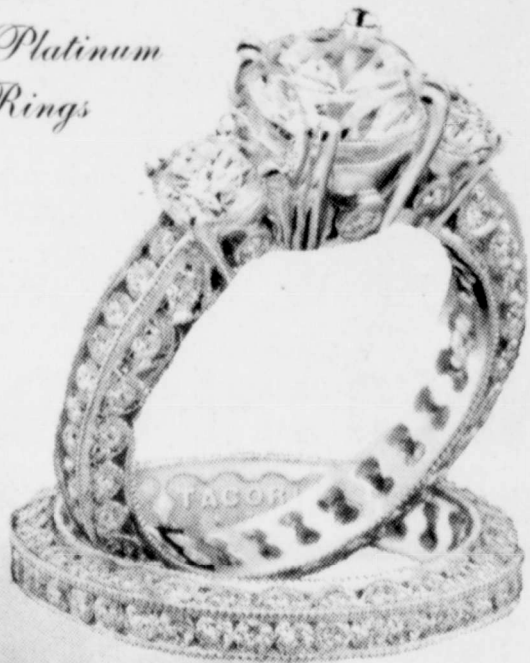
The two-hour debut Tuesday night featured auditions in Washington, D.C., with the heart-warming story of Regina, who sold her wedding ring for a chance to get on the show and was rewarded with a trip to Hollywood.

Anticipation may also play a part in its appeal, she said. Fox has resisted the obvious temptation to hold more than one contest a year. That's a costly decision because this season Fox has sunk to a distant fourth in the prime-time ratings among the young audience it craves.



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## COMMENTARY

# Why Oprah Winfrey is the 'Queen of the World'

Oprah Winfrey is one of the most successful and powerful women on the planet. What is the key to her success?

Nicole Stivers  
MUSTANG DAILY

Some people plan their classes around sports or work, but I plan my schedule around "The Oprah Winfrey Show."

I can't help it. There is nothing I would rather do at 4 p.m. every day than plop down in front of the television set and see what Oprah will do next. I'm sure there are a lot of you out there share the same habit and at this very moment are thinking ahead to what will be on her show this afternoon.

Of course there are some, mainly men, who do not understand why their female friends, girlfriends and mothers leave them hanging when Oprah comes on the air. Perhaps by the end of this article, your confusion as to why viewers love Oprah will have waned.

The "Oprah Winfrey Show" has been the No. 1 talk show for the past 18 seasons, is seen by an estimated 30 million viewers in the United States each week and is broadcast to 110 other countries. She's got to be doing something right.

There are two simple components to Oprah's show that make her so popular. One, the subject matter of the shows is always different. Two, everyone feels like Oprah could be their friend.

The best thing about "The Oprah Winfrey Show" is that it's never boring. She does something different every day and that's why her show appeals to so many people. It's one of the few shows a room full of women of varying ages can all watch together contentedly.

One day Oprah could be interviewing a celebrity and the next day discussing racial tensions in the South. Typical Oprah topics can vary from books, makeovers, life lessons and raising children, to healthcare, social commentary, employment, celebrities and fashion.

Oprah's show appeals to the different aspects of everyone's life. Some days, people want to see serious stories they can learn from and other days they just want to laugh at something light-hearted.



One of the things that makes Oprah stand out from other talk show hosts is her style. In Deborah Tannen's feature on Oprah Winfrey in Time Magazine, she explains that Phil Donahue was the pioneer of the format Oprah uses. His style can be classified as "report-talk" with the emphasis on information. This style is typical of conversations between men.

Tannen labels Oprah's style as "rapport-talk," the back-and-forth conversation typical of female friendships. This format places an emphasis on self-revealing intimacies and appeals to women who build their relationships with other women by trading secrets.

Instead of focusing on the audience questioning experts, Oprah mainly features ordinary people talking about personal issues. Oprah also shares intimate information about her self, making a connection with her audience.

So, not only do

Oprah fans love the show, they love the host. Her success as a minority easily lends her to being a role model for many. Her story is inspirational and she has become one of the most influential people in society today.

If you doubt the fact that she is a dynamic player on the public scene, consider the following facts. When she chooses a book for her on-air book club, it immediately shoots to the top of the bestseller list. When she said on her show that she was too scared to eat a hamburger during the mad-cow disease scare, the beef industry felt so threatened they sued her.

In 1997 she started the Angel Network and encouraged viewers to donate their spare change to charity. To date, more than \$12 million has been raised; \$5.1 million from viewers and \$7 million from sponsors and celebrity contributions. So that 100 percent of the funds go to the charities the Angel Network assists, Oprah personally covers the organization's administrative costs.

People are in awe of Oprah, but at the same time we feel like she could be our best friend. Simply put, Oprah makes people feel good and that's why so many people can't help but watch her show.

## COMMENTARY

## Wanted: Music with substance

Mike Blank  
THE SOUTH END

On Tuesday, Jan. 4, 72,000 people at the National Championship Orange Bowl in Miami, joined together. No, not to root for or against the Oklahoma Sooners or the USC Trojans but rather to boo a corporate-produced pop star.

"Supposed" singer Ashlee Simpson faced the heat and jeers of football fans during her headlining performance at the halftime show. The taunts were so intense and audible that the camera quickly cut away from her face and went to commercials to save Simpson the embarrassment.

The negative vocal reaction came months after Simpson's performance on NBC's "Saturday Night Live," which revealed she pulled a "Milli Vanilli" by lip-synching her own songs. The mishap was later attributed to acid reflux.

This incident brings into question the notion that maybe people do not look favorably upon "world famous singers" who are unable to or lack the sufficient talent to sing.

Perhaps the public realizes that one should not be bestowed a certain title if they are unable to perform the duties that the title requires. You are not a pizza deliverer if you do not deliver pizzas. You are not a teacher if you do not teach. You are not a plumber if you know not the slightest thing about pipes.

And without question, you are not a singer if you cannot sing. In Miss Simpson's case, the offense is most egregious because of the amount of time the media spends telling us how

great and fabulous she is.

Unfortunately, Ashlee Simpson is not alone in the music business to field such criticism. Recently the successful rock band Nickelback has been accused of plagiarizing, not another band, but themselves.

The hit "Someday" from their most recent album, "The Long Road," when played alongside their hit song from two years ago, "You Remind Me" is, (minus a few drum fills, the vocal line, and slightly different guitar solo) exactly the same song.

Thanks to a few Canadian college students, the combined tune, aptly titled, "You Remind Me of Someday" can be found on the Internet and through file-sharing programs.

So how does Nickelback respond to being called out? Bass player Mike Kroger was asked about the plagiarism in an interview with the Cleveland Free Times. He said, "I think that it's remarkable for someone to notice that there is a hit quality. If all hits sound the same, then sorry. When you are a band that has a distinct style, such as us or AC/DC, that happens. When you have a distinct style, you run the risk of sounding similar."

Although you can justify almost anything to yourself, some fans feel that this is grounds for fraud. It is not just these two Nickelback songs, either. Another of their hits, "Do This Anymore," also aligns almost perfectly to "How You Remind Me."

To make matters worse, Pop singer Avril Lavigne's hit, "My Happy Ending," matches "How You Remind Me" about 90 percent.



COURTESY PHOTO

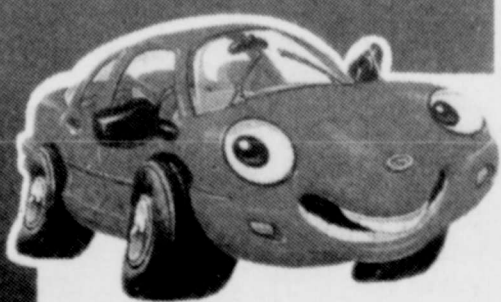
Her recent performance at the Orange Bowl has many wondering whether she deserves to be a star.

To some, this may be a mere coincidence. However, to others it represents an insidious and increasing level of uniform blandness across American radio.

Maybe the fans booing Ashlee Simpson at the Orange Bowl is a sign of an awakening across the nation that maybe we should not meekly accept who the media tells us is talented and that music can and should be a vehicle used to take us to emotionally stimulating plateaus that we as human beings can only experience in the "now" of the moment. Maybe ... but with the corporate indoctrination system running at full steam, probably not. There's no money in it.

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# Companies stir up new recipes without trans fat

In an effort to stay ahead of federal labeling rules, snack food makers have eliminated trans fat from many products

Joe Milicia  
ASSOCIATED PRESS

WOODMERE, Ohio — The nation's food companies are stirring up new recipes for everything from Oreos to SpaghettiOs to Crisco to get rid of trans fat, the artery-clogging ingredient that must be listed on food labels next year.

The companies say they're promoting good health, but they're also looking ahead to the new federal rule and new dietary guidelines urging consumers away from trans fats.

Trans fats have been in the nation's food supply for decades, giving products a long shelf life and making goodies like chips and cookies oh so yummy.

They are formed when liquid oils turn into solid fats and they are generally listed on foods as partially hydrogenated oils. Grab a bag of cookies from the snack food aisle and chances are trans fats are there.

But maybe not for long. The Food and Drug Administration is ordering trans fats to be listed on food labels by January 2006. The FDA says trans fat, like saturated fat, increases the risk of heart disease.

A few years ago, Sarit Zamir was like many consumers — clueless about the subject.

"I used to eat junk food a few years ago. We just didn't know," said the 32-year-old mother of three.

Now, Zamir goes out of her way to shop at a store that promises 100 percent trans fat-free foods.

She says that since making the change in her family's diet, she's noticed a difference in her children's health, behavior and ability to get a good night's sleep.

"I don't touch trans fat at all," she said, her cart filled with soy milk, cage-free eggs and pure rice bran.

It took several years for the Wild Oats Natural Marketplace where Zamir shops to remove all the trans fat from its shelves, said Mandi Kelley, marketing coordinator of the store in tiny Woodmere Village outside of Cleveland.

"There were a lot of companies we had to coax into changing their ingredients," she said.

Eliminating trans fat isn't as simple as removing partially hydrogenated oils and substituting another oil — not if you want to keep the flavor.

"It takes smart engineering, smart chemistry," said James Chung, president of Reach Advisors Inc., a Boston-based marketing strategy and research firm.

"There's a reason why consumers like partially hydrogenated oils. Let's face it — fat tastes good."

Still, Chung expects to see mainstream companies gain market share with trans fat-free products, up until the point that most have removed it.

Campbell Soup has revised some products and is working on a few more, including some varieties of Chunky soup and SpaghettiOs with meatballs.

"Our goal is to remove the trans fat without impacting the taste because we have products that people have been enjoying for years and years," spokeswoman Juli Mandel Sloves said.

Campbell's owns Pepperidge Farm, which met its goal of having zero grams trans fat in its entire line of Goldfish crackers by December, Mandel Sloves said.

Pepperidge Farm is turning its attention to other products, especially cookies.

The J.M. Smucker Co. introduced a version of Crisco with zero grams trans fat last April. The new product comes in a green tub — a color consumers equate with being healthy. Smucker's spokeswoman Maribeth Badertscher said the product has been doing well.

Gorton Inc. announced it had removed trans fats from all 56 of its frozen seafood products.

Kraft Foods Inc. has removed trans fats from Triscuits and Oreos and is now working on other cookies and crackers, spokeswoman Nancy Daigler said.

The company wants to make sure that when eliminating trans fat, the new product's combined total of trans or saturated fats is lower than the original.



ASSOCIATED PRESS  
Sandy Zamir, 32, reads the food labels on packaged food at Wild Oats Market in Woodmere, Ohio, Friday, Jan. 14

In some cases, like Triscuit, the removal of trans fat isn't noticeable. But in others it is, like the trans fat-free Oreo, which has a different texture and taste compared with the creamy, crispy original.

Frito-Lay began working to eliminate trans fat in 2002 and completed a conversion to corn oil for Tostitos, Doritos and Cheetos a year later.

Frito-Lay was a trans fat trendsetter, Chung said, but the message got lost in the Atkins diet craze.

## The worst fat

Trans fat is similar to saturated fat by raising low-density lipoprotein (LDL or "bad") cholesterol that increases the risk of coronary heart disease

Replace trans fats with these:

Olive and canola oils      Soft margarine



## The skinny

► Trans fat is made when hydrogen is added to vegetable oil, turning it into solid fat

► Some products that have eliminated trans fat or have trans fat-free varieties are Crisco, Oreo, Tostitos, Doritos and Cheetos

► In 2006, the Food and Drug Administration requires trans fat on food labels

Trans fat could become the new carbohydrate as far as consumer avoidance, but Chung doesn't expect the mania that Atkins inspired.

For Wild Oats shopper Tim Henry, trans fat isn't at the forefront of his thoughts. But the 53-year-old's family avoids it by staying away from prepackaged food.

"We want good-for-you food," Henry said. "The hydrogenated oil is no good for you. Our rule is as close to God made it in the first place."

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# Cal Poly AG Showcase

**When: January 20<sup>th</sup>**  
**Where: Chumash Auditorium**  
**Time: 9 a.m. to 3 p.m.**

## Directory of Companies Participating in Ag Showcase

### Crystal Springs Landscape

Established in 1975 and serving the San Francisco Bay Area, Crystal Springs Landscape provides outstanding customer quality and service over the full range of landscape services. Specializing in commercial landscape construction and maintenance, Crystal Springs Landscape also provides full irrigation management including water auditing, as well as interiorscaping services. Using sound horticultural practices, Crystal Springs Landscape builds its reputation on industry expertise and referral business. If you are interested in a growing company with a growing career path, come see us at the Ag Showcase.

### The J. M. Smucker Company

The J. M. Smucker Company, currently ranked No. 1 on Fortune Magazine's list of "The 100 Best Companies to Work For", is offering spring internship opportunities at our Smucker Fruit Processing Company facility in Oxnard. More than just an internship, this is an excellent opportunity to actually work in a food-processing environment and gain "hands-on" experience in operating a food plant. The J.M. Smucker Company is the nation's No. 1 producer of jams, jellies, preserves, ice cream toppings and fruit syrups. These are paid internships and furnished housing is provided.

### Agro Engineering, Inc.

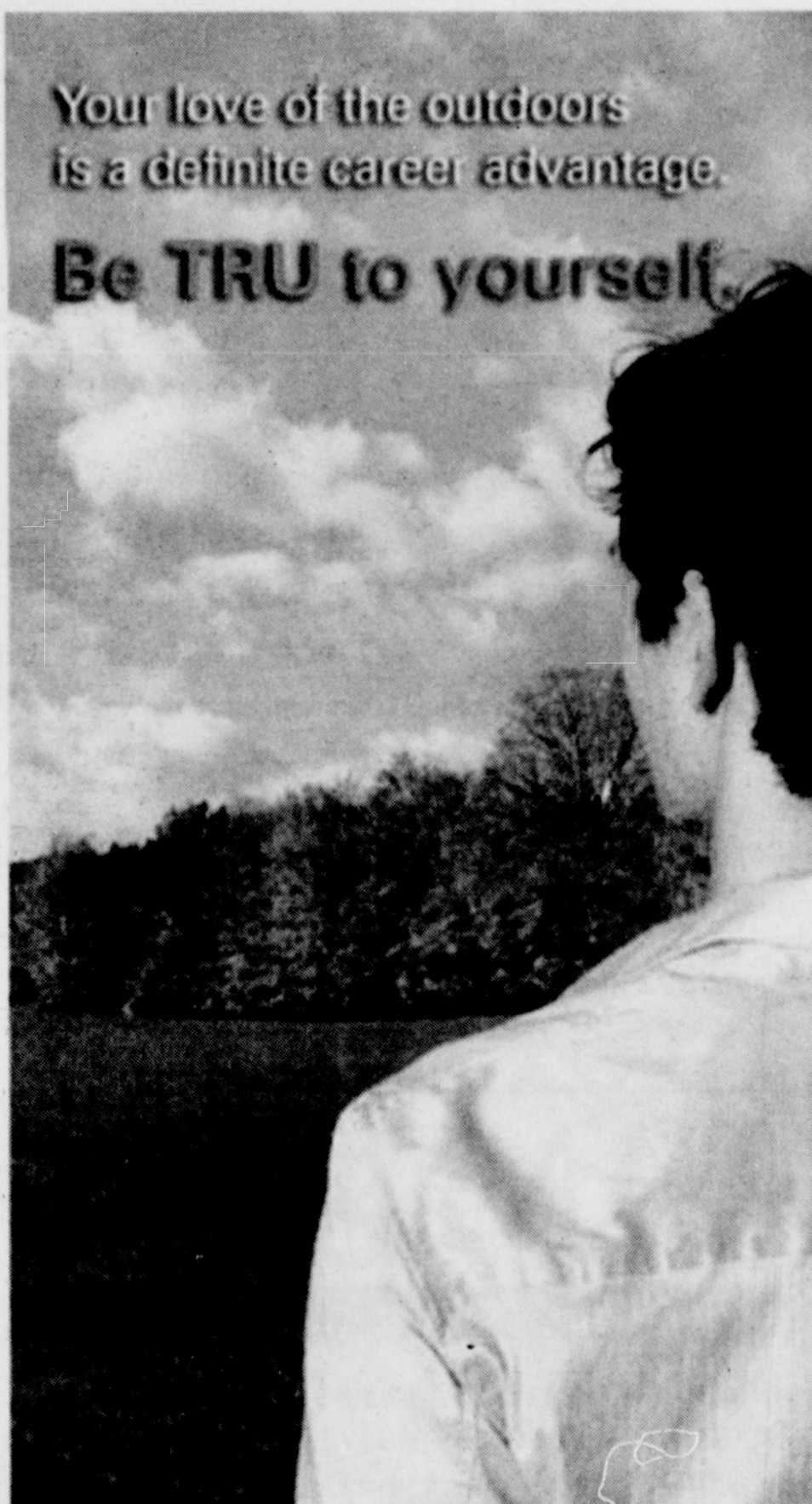
Agro Engineering is an independent agricultural consulting company based in the San Luis Valley of Colorado that supports farmers in Colorado, New Mexico and Texas. We employ 11 full time staff members. Agro consults mainly on potatoes, small grains and alfalfa. Interns will be working along side both agronomists and agricultural engineers supporting them in their daily tasks. They will help full-time staff with such things as scheduling irrigations, scouting crops for insect pests and weeds, identifying viral and bacterial diseases and physiological disorders. Interns will also pull tissue samples to help judge fertility

and aid in the evaluation of irrigation systems. Though long hours are involved, ensuring the success of our clients is our main goal.

### Cargill Animal Nutrition Company

Cargill Animal Nutrition is a global leader in animal nutrition and technology. It is a business unit of Cargill, Inc., which is an international marketer, processor and distributor of agriculture, food, financial and industrial products and services with 101,000 employees in 59 countries. Cargill Animal Nutrition provides customized animal productivity solutions to commercial producers across the

see Directory page 8



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## AG Showcase Advertising Section

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### Directory

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Americas, Europe and Asia. Our research-proven management and nutrition technologies are applied to the specific needs of our diverse array of customers, and our animal nutrition and management experts offer the scope and creativity to serve the unique needs of each customer. Our purpose is to be the global leader in nourishing people. Our mission is to create distinctive value. And our approach is to be trustworthy, creative, and enterprising.

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Over the past seven decades, the E. & J. Gallo Winery has become the world's foremost winery in the art and science of grape growing and winemaking, and in the distribution and marketing of wines. The E. & J. Gallo Winery currently employs more than 5,000 people and markets its wine in the U.S. and in more than 90 foreign countries, making it one of the largest winemaking operations in the world.

#### Gills Onions

Gills Onions provides their customers with the finest, fresh whole peeled and diced onions. Over the past 20 years, Gills has grown to be the largest whole peeler of onions in North America. We focus solely on onions from choosing the seed varieties to final packaging. Five years ago, Gills Onions added a full line of foodservice cuts and packs to their list of products (sliced, diced, and onion rings for restaurant use). Three years ago, Gills entered into the retail

arena to provide sliced and diced onions to the individual consumer. Gills Onions' customer base includes canneries, salsa manufacturers, regional fresh cut processors, produce distributors, foodservice distributors and retail distributors.

Gills Onions was formed in 1983 and is a California-based, family run, vertically integrated agri-business.

#### Apio Inc.

Apio Inc. located in Guadalupe is a leading grower, packer and shipper of fresh-cut vegetable products. Apio offers a complete line of fresh-cut mixed vegetable bags and party trays using its specialty packaging that helps to extend the product shelf life. With more than 100 million dollars in sales last year, the Apio Inc. distributes to more than 11,000 retail and club stores nationwide under the Eat Smart and Dole brands.

#### TruGreen Landcare

TruGreen Landcare is the largest landscape maintenance company in the world. We serve more than 3 million residential and commercial customers nationwide, with lawn care, tree and shrub care and landscaping services. Our parent company, ServiceMaster, is a Fortune 500 company with 27 consecutive years of growth in revenue and profits. TruGreen LandCare is a partner in the ServiceMaster Quality Service Network, which consists of national and international companies: TruGreen ChemLawn, Terminix, Merry Maids, American Home Shield, AmeriSpec, Furniture Medic, Rescue Rooter and ServiceMaster. Great job for those looking for a

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Thursday, January 20, 2005 9

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#### California Milk Advisory Board

The California Milk Advisory Board is one of the largest marketing boards in the United States and serves more than 2,100 dairy families. Under the dairy umbrella, the CMAB executes generic advertising, retail and food service promotions, milk quality improvement and research programs on behalf of California dairy products, including Real California Cheese.

#### Fertizona

Fertizona is Arizona's largest ag fertilizer, chemical and seed retailer. Fertizona is a privately-owned company that started in 1980. Fertizona currently has eight branches in Arizona with one branch in Hermosillo, Mexico and is in the process of expanding operations into southern California in the near future. Fertizona's customer base spans across the region, from western Texas to central California, Nevada and Utah to central Mexico.

#### Bamboo Pipeline

Bamboo Pipeline is one of Southern California's fastest growing green goods businesses. We serve landscape professionals throughout California with the highest quality materials needed to build great landscapes at quality homes and commercial locations. Our materials are sold to some of the most prestigious sites in Southern California, including the J. Paul Getty Museum, The

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#### Adams Grain Company, Inc.

Adams Grain Company, Inc. is the largest privately owned grain company headquartered in California. Its origin traces back nearly 75 years when the primary business was trading malt barley from farmers in the Sacramento Valley. Today the company merchandises and warehouses wheat, corn, safflower, cotton and other grains at six locations in the Sacramento Valley. The Adams Group also owns a trucking company, seed processing facility and vegetable oil processing plant.

#### Famous Software, LLC

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#### Mission Produce Inc.

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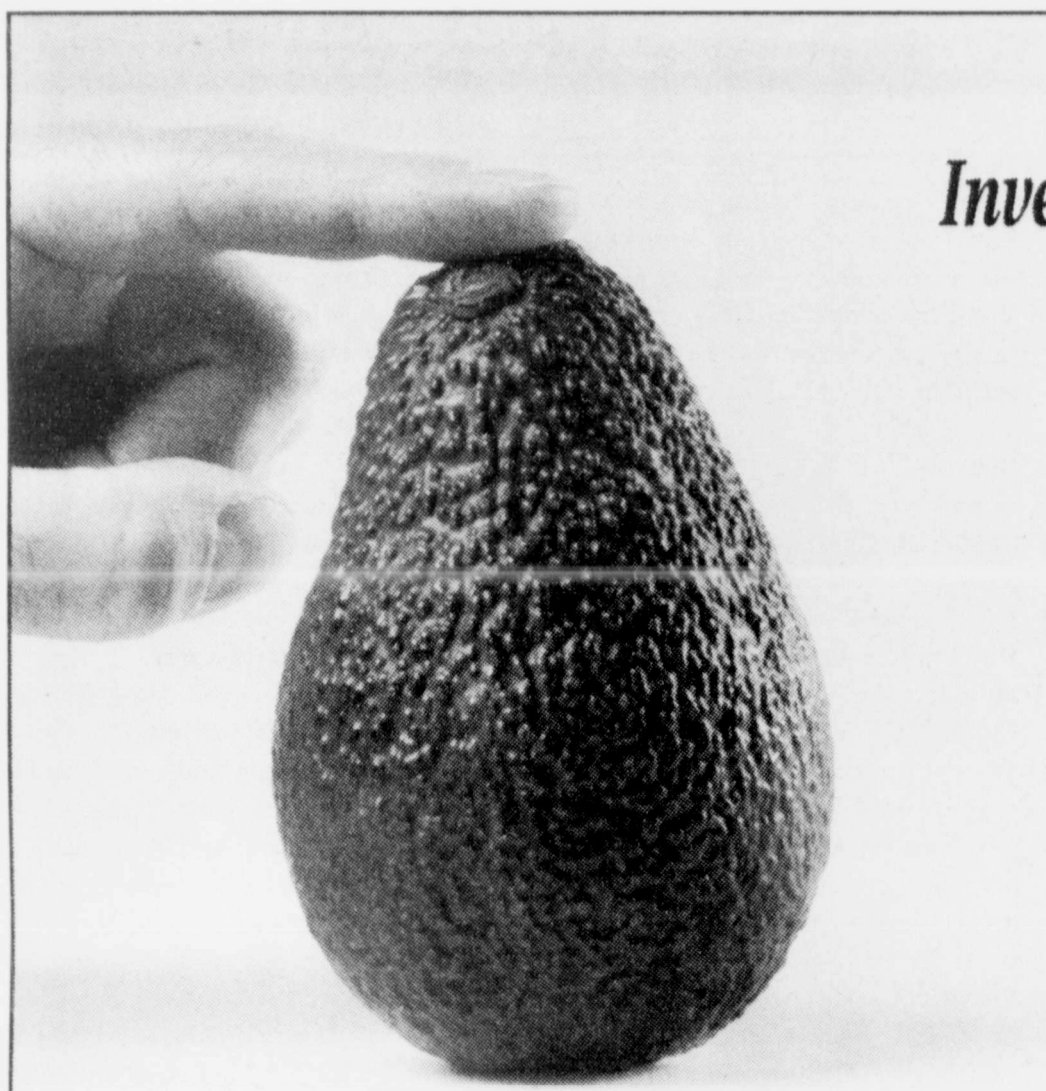
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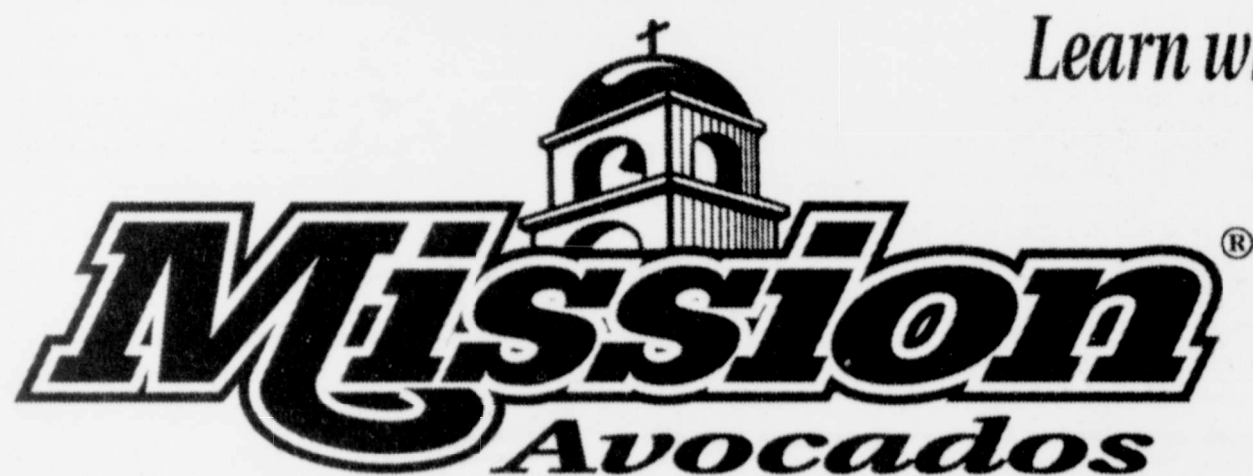
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continued from page 9

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its dynamic team. Tanimura & Antle grows crops throughout the Americas on more than 50,000 crop acres and employs more than 3,000 employees. The company markets and sells its products throughout America, Europe, and Asia.

### Central California Consortium

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### Tanimura & Antle

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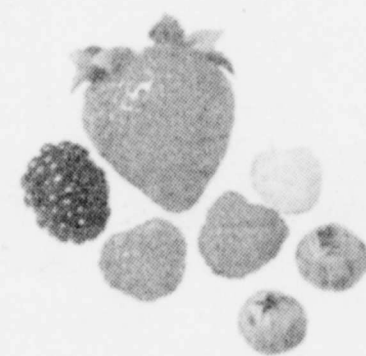
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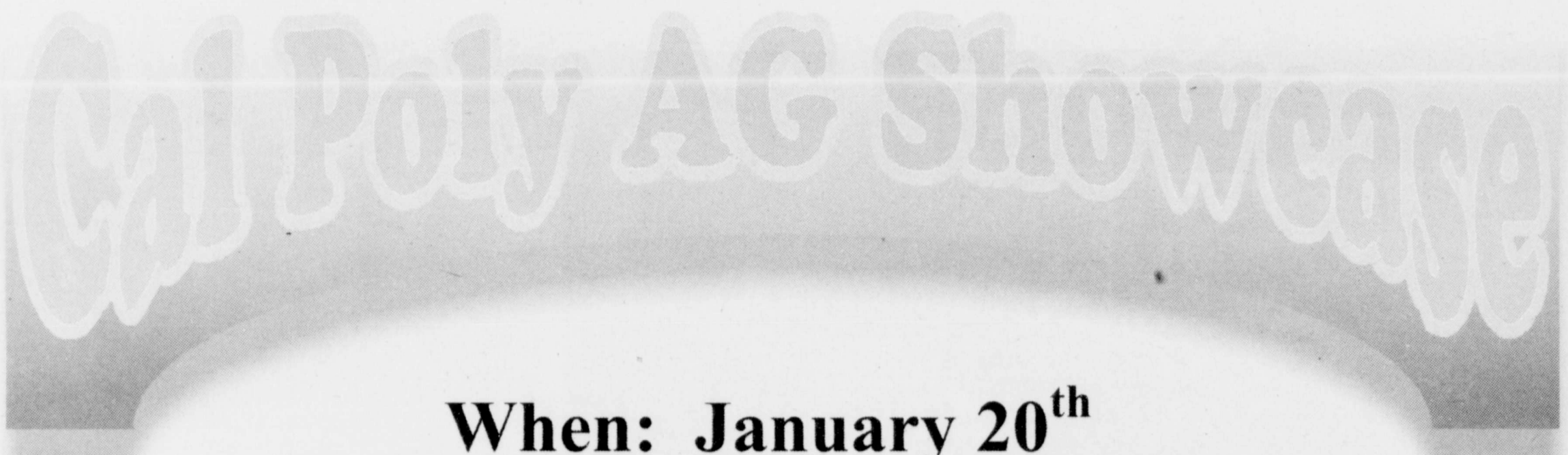
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**When: January 20<sup>th</sup>**  
**Where: in the Chumash Auditorium**  
**Time: from 9am to 3pm**

***Companies Attending:***

Famous Software, LLC	Trugreen	E & J Gallo Winery	
Cargill Animal Nutrition	Mission Produce Inc.	Tanimura & Antle, Inc.	
Blue Spruce Landscape	Bomboo Pipeline	Bonipak (Bonita Packing)	
Crown Packing	Dow Agro Sciences	Driscoll's Strawberry Assoc.	The Brickman Group
Adams Grain Company	Agro Engineering Inc.	Apio, Inc.	
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Gills Onions	Harris Ranch Beef Company	Platinum Performance, Inc.	
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*Check out company web sites for background information*

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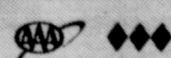
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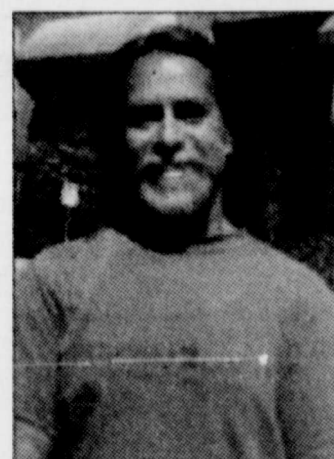


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## Homeless man poses as high school student

A 21-year-old man hid out at his alma mater, using his old student identification card to dodge authorities

Steve Karnowski  
ASSOCIATED PRESS

MINNEAPOLIS — A homeless man with nowhere else to go says he went back to his old high school and posed as a student for three weeks, sitting in on classes, showering in the locker room and sleeping in the theater.

"Anywhere I could hide," Francisco Serrano said from jail Wednesday after he was arrested twice at Apple Valley High.

Serrano had attended the school as a 19-year-old sophomore during

the 2002-03 school year and was a very good student, Principal Stephen Degenaar said.

He is 21 but looks 16 or 17 and would have easily blended in with the student body of 2,300, the principal said.

"It's a sad story," Degenaar said. "I hope the young man gets his life in order."

The principal said there were no adults who could verify that Serrano was in the building during classroom hours.

He said it would have been easy for Serrano to slip in during events over the Christmas break such as sports practices or games, when lots of people were coming and going and there was just a skeleton staff.

A physical education teacher saw

Serrano taking a shower at one point but did not realize he did not belong there, Degenaar said.

Serrano denied eating in the cafeteria, as some students claimed.

He said he would slip out for meals to a nearby buffet restaurant where he knew the manager.

He also said he and his family moved to Connecticut after his sophomore year in Minneapolis. He said he returned to Minnesota on Christmas Eve with only \$200 in his pocket.

According to police, a janitor found Serrano sleeping in a classroom Jan. 7 but let him go after Serrano provided his old student ID card and said he was a student.

During the day, though, school officials determined that Serrano was not a student. Serrano was found back at the school that night, and he was thrown in jail on trespassing charges, then released three days later.

He was arrested again on Friday night, this time claiming that he had returned to get his things.

The principal said Serrano was not a danger to students or staff.

But he also said: "Obviously this raises the issue of security in the school. We're reviewing all of our systems to ensure it doesn't happen again."

Serrano faces a court appearance Friday. If he is allowed to go free, he said, he can stay with a friend in the apartment building where he used to live, in the suburb of Eagan, and find a job.

## Two men plead guilty in online file-sharing case

LOS ANGELES (AP) Two men pleaded guilty to federal charges in what authorities said were the first convictions for online file-sharing of music, movies and software over peer-to-peer networks.

William R. Trowbridge of Johnson City, N.Y., and Michael Chicoine of San Antonio, each pleaded guilty Tuesday to one count of conspiracy to commit felony copyright infringement, according to the U.S. Justice Department.

Trowbridge, 50, and Chicoine, 47, also pleaded guilty to acting for commercial advantage or private financial gain. Each faces a maximum sentence of five years in prison and a \$250,000 fine. They could also be ordered to pay restitution to victims when they are sentenced on April 29.

Repeated calls to a number listed for Trowbridge rang busy. A phone message left at a number for Chicoine was not immediately returned Wednesday.

The two men were targeted as part of an investigation dubbed "Operation Digital Gridlock," which focused on online piracy over peer-to-peer, or P2P, networks. Such networks enable computer users to access files directly from the computers of other users on the network.

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# Grading ethics in higher education

Each student at Cal Poly has endured a bad professor, but the following story takes the cake as far as pretentious educators go: In an advanced mathematics class for engineers, a professor denied his students the ability to achieve higher than a nine out of 10 on their weekly quizzes.

A mechanical engineering senior recalled this professor advising, "If you get an eight, you're on the right track. If you get a nine, then you have a good grasp on the material. But only I can get a 10."

No matter how much time, effort and understanding the student invested in the class, he felt he was denied his right to achieve a grade that reflected his knowledge.

Numerous engineering and science students continue to express grievances about professors who practice what they feel are unfair grading policies.

"In general, school is really all a game," said aerospace engineering major's candidate Yevgeniy Gisin.

Sometimes students can become more concerned with following an instructors guidelines than learning than mastering the material, he said.

Some students have even left the university because they get stuck with the same professors and continually fail their classes, which impacts a student's ability to get financial aid and apply for graduate school.

So what rights do students have in challenging their grades? And what rights do professors have to enforce personal grading policies?

"Professors are given a significant amount of latitude in terms of the policies that they can set for their classes, provided that they apply the policies equally to all of their students," said business administration junior William Weatherford, who served on the Academic Senate Grievance Board for a quarter. "I think it's unfair that one professor can fail 60 percent of his or her class while another lets nearly all their students pass."

The Academic Senate Grievance Board hears grade complaints on behalf of the students who feel they were evaluated unjustly because of a non-academic matter, such as race, ethnicity, gender, disability or sexual orientation. The Academic Senate Fairness Board exists to hear grade appeals based on the grievant's belief that the instructor made a mistake, demonstrated bad faith or incompetence or been unfair.

Students who wish to appeal a grade, can follow the procedures listed on the Academic Web site at [www.calpoly.edu/~acadsen/documents.html](http://www.calpoly.edu/~acadsen/documents.html).

However, students say that the greatest way to combat unjust professors is to avoid them altogether. Polyratings is a student-run Web site that provides an open forum for students to evaluate their professors and learn from the gripes of peers. (It's also illegal for Cal Poly faculty and staff to post material to [www.polyratings.com](http://www.polyratings.com); such actions are in violation of California Penal Code 502 and, by extension, the Cal Poly Responsible Use Policy.)

But really, what greater good to higher education and society is served when professors forget their main purpose, which is to facilitate knowledge in a comprehensible manner to the next generation who will inherit the world?

This seemed such a simple concept to grasp for industry leaders who returned to Cal Poly to share their practical knowledge. But as faculty standards continue to evolve, and educators become more academically merited and less motivated to work with their students, the original vision of the university is lost.

Carrie McGourty is a journalism senior and Mustang Daily columnist.

## COMING TOMORROW

About Your Health by nutrition seniors Jane Wilson and Stacey West

# MUSTANG DAILY

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"Do you have a whip and a cattle prod?"

January 20, 2005  
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## It's always a party, just not always a riot

Everyone's making such a big deal out of Mardi Gras 2005, and it hasn't even happened yet.

The funny thing is that San Luis Obispo city officials are hardly taking into account the ever-changing dynamic of the area. Students filter in and out of Cal Poly and Cuesta within two to four years.

With a constant influx of people, it's hard to bank on the fact that history will repeat itself.

Some years there is a heavy load of inexperienced freshman

constantly looking for the next party in town. The next year, they grow up and move into the surrounding community. And the cycle continues.

It's a given that college students will party. And it's naive to think they won't. It's also understood that they will invite their friends to visit, and that's a good thing. Why wouldn't people want to visit this great town? So it's sad to think that the city is discouraging such activity by promoting "no-out-of-town visitors" during Mardi Gras weekend.

Last year's Mardi Gras celebration was considered a "riot." But it's not like the partying was that over-the-top or out of control compared to years past. It just happened that a large group of parties got caught. A riot could have been declared the year before, or the year before that. But it wasn't. And it might not be a riot this year either. Who knows? Last year's freshmen are older and the seniors are gone. But kids will be kids. And there's going to be a party.

— Mustang Daily editorial staff

## LETTERS TO THE EDITOR

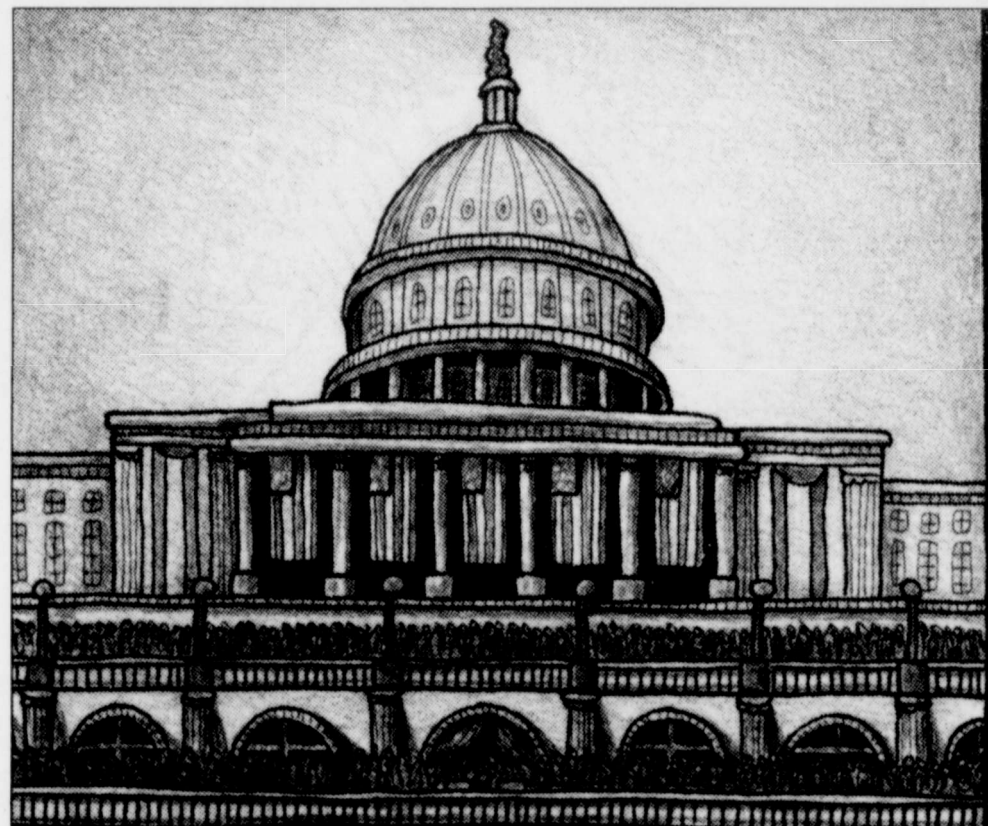
### Publishers are not to blame for high textbook prices

As someone who has written several textbooks, I take issue with part of what Blake Bolton said in his recent editorial about text pricing.

In particular, I don't believe that the evildoers are the publishers. Please keep in mind that the first time a book is sold, the publisher gets revenue and the author gets royalty payments. But each subsequent time the book is sold, the publisher and author are out of the revenue loop. It is the used book purveyors that make out like bandits, since they have virtually no investment so can generate impressive profit margins. This is why publishers ask authors to revise books more frequently than would otherwise be desirable.

In addition, many books are very costly to produce, particularly those in technical areas which involve a lot of artwork and color. Modern day texts are much more appealing to the eye and user-friendly than the books I used many years ago as a student (and still have on my shelf).

Finally, a good textbook can give months or years of pleasure, yet costs no more than a front row seat



MARGARET SCOTT NEWSART

at a professional sports event or rock concert.

Jay Devore

Statistics department chair

### Yellow ribbons don't help support our troops

What the hell does "Support our troops" even mean?

Support them? How? Most people in this country are all for American boys 'n girls returning home safely — so those folks are obviously not the target audience.

The few in this country that would like for the opposite to hap-

pen) — do you think a yellow ribbon on your trunk will change their minds? No. If by "support our troops" you mean "line up to the leader," well, our leaders have put our loved ones on the line, by intentionally lying to us. Now they're holding us all hostage by saying "you're against the troops, if you call us lying killing scumbags." All you sheep people with the yellow ribbons on your Explorers are just helping them out. But you're looking damn trendy in the process.

Yevgeniy Gisin

Aerospace engineering graduate student

## MUSTANG DAILY CORRECTIONS

The Mustang Daily staff takes pride in publishing a daily newspaper for the Cal Poly campus and the neighboring community. We appreciate your readership and are thankful for your careful reading. Please send your correction suggestions to [editor@mustangdaily.net](mailto:editor@mustangdaily.net).

## LETTER POLICY

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words. Letters should include the writer's full name, phone number, major and class standing. Letters must come from a Cal Poly e-mail account. Do not send letters as an attachment. Please send the text in the body of the e-mail.

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Letters to the Editor  
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## Golden

continued from page 16

good for people "trying to get butts in seats."

Maybe it's still unclear what journalists like me do, to which I offer a clarification. It's not my job to be a cheerleader, soothsayer or firebrand. I

avoid giving preferential treatment or harassing people to attend games. After all, the athletic department already has a public relations branch.

Instead, when a basketball star is deemed academically ineligible, I'm there.

When a former baseball player pleads guilty to vehicular manslaughter,

I don't turn the other way and whistle "Copa Cabana." And on mornings like last Saturday, I stop and wonder how I got so lucky to be a journalist.

Graham Womack is a journalism senior and Mustang Daily assistant sports editor. Email him at [galexand@calpoly.edu](mailto:galexand@calpoly.edu).

## The New York Times Crossword

Edited by Will Shortz

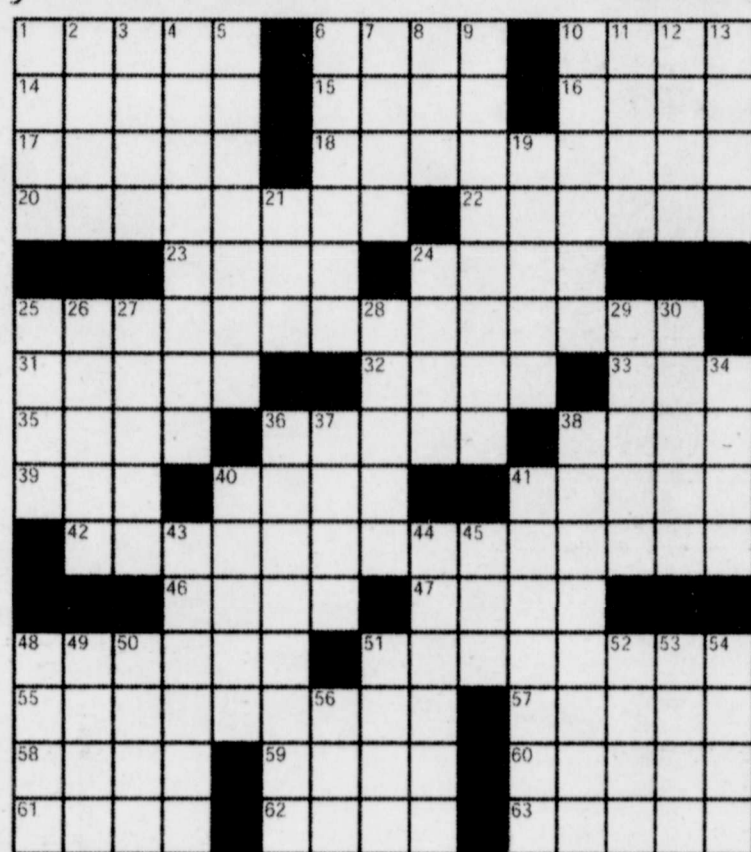
No. 1209

- ACROSS**
- 1 Subject of this puzzle
- 6 James of Hollywood
- 10 Game in which jacks are always highest trumps
- 14 Needle, perhaps
- 15 \_\_\_\_ Moro, former Italian P.M.
- 16 Don't do it: Var.
- 17 Coffee maker's accessory
- 18 With 25-, 42- and 55-Across, a definition of 1-Across, according to Dennis Miller
- 20 Sat down, slangily
- 22 Eschew home cooking
- 23 Score just before winning a game
- 24 Soccer great
- 25 See 18-Across
- 31 Give \_\_\_\_ (care)
- 32 New Haven, City of \_\_\_\_
- 33 Grp. paying for some election ads
- 35 Doubles partner's call
- 36 Goes south in a big way
- 38 Neighbor of Java
- 39 Alphabet trio
- 40 Hitching place
- 41 Michael who wrote the 1975 best seller "Power!"
- 42 See 18-Across
- 46 Make content
- 47 Prefix with graphic
- 48 City where El Greco died
- 51 Shakespearean title character

- 55 See 18-Across
- 57 Signed on
- 58 Quick approval: Abbr.
- 59 Assortment
- 60 Tour de France stage
- 61 Burkina \_\_\_\_ neighbor of Mali
- 62 "\_\_\_\_ Coming" (1969 hit)
- 63 M.O.'s

## DOWN

- 1 [Horrors!]
- 2 Donald Duck, to his nephews
- 3 "Are you \_\_\_\_ out?"
- 4 First line of "Misty"
- 5 Digitally entered
- 6 Capturing
- 7 Heaps
- 8 Tack on
- 9 Biting pests
- 10 \_\_\_\_ Island, N.Y.
- 11 Big belt
- 12 "\_\_\_\_ Ben Adhem"
- 13 Feature of many a bird
- 19 Goes on strike
- 21 Racket
- 24 Defeater of Clay
- 25 Hobbling
- 26 Enlighten
- 27 Dance with bandoneon accompaniment
- 28 Meddler
- 29 Subject of a pioneering 1965 MoMA show



Puzzle by Paula Gamache

- 30 Elusive one of children's books
- 34 "See ya!"
- 36 Directly opposed
- 37 \_\_\_\_ Stadium in Queens
- 38 Modern jargon word for complete nonsense
- 40 Italian clothing label
- 41 Deli snacks
- 43 No longer bothered by
- 44 Yellow-throated birds
- 45 Suffix with glycer-
- 48 Worker's shout
- 49 Mrs. Chaplin
- 50 Clark's crush
- 51 Year in the reign of Edward the Elder
- 52 Nest eggs, for short
- 53 Co. unit
- 54 Citrus coolers
- 56 "\_\_\_\_ say!"

For answers, call 1-900-285-5656, \$1.20 a minute; or, with a credit card, 1-800-814-5554.

Annual subscriptions are available for the best of Sunday crosswords from the last 50 years: 1-888-7-ACROSS. Online subscriptions: Today's puzzle and more than 2,000 past puzzles, [nytimes.com/crosswords](http://nytimes.com/crosswords) (\$34.95 a year). Share tips: [nytimes.com/puzzleforum](http://nytimes.com/puzzleforum). Crosswords for young solvers: [nytimes.com/learning/xwords](http://nytimes.com/learning/xwords).

## ANSWER TO PREVIOUS PUZZLE

EDITS SIGH SLAP  
PATIO ACRE HALL  
INEED FEAR ESPY  
COMPAREDNOTES  
ISIT DEEP  
ASSN PYM STIGMA  
TAW ZONED OSLER  
BLEWONESOWNHORN  
ALEAD TATES ARI  
TETRIS SSA STYE  
RAMA TRIO  
FACEDTHEMUSIC  
MEAN LIRE AROMA  
OMIT LEOI GELID  
BURY SUDS EDENS

## Wrestling

continued from page 16

"We are going to go back to the video to see techniques and factors we need to work on," Azevedo said. "There were critical opportunities where we could have scored but didn't."

The meet opened with a close 125-pound match between Oklahoma's No. 1 ranked Sam Hazewinkel and No. 5 ranked Vic Moreno. Hazewinkel scored the first point with an escape early in the second period. Moreno, a senior, took a 2-1 lead on a takedown with 1:30 left in the period. Hazewinkel scored one point for an escape and then two points for a takedown with 0:42 left in the period. In the third period, Moreno scored one point for an escape. He made a couple throws in the closing seconds of the period, but he was unable to convert

to a takedown. Hazewinkel scored a point at the end of the match for riding time, defeating Moreno 5-3.

The team will travel to Cleveland for the National Duals on Jan. 21 and 22. The next home match will be Saturday, Feb. 12 at 2 p.m. in Mott Gym against Cal State Fullerton.

## COMING UP ...

Read tomorrow's sports section for a story on former Mustang coach and graduate Augie Garrido

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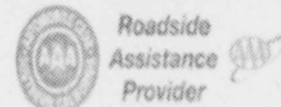
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## SPORTS

16 Thursday, January 20, 2005

### COMMENTARY

## Just a fan on this day in the press box



**GOLDEN**  
graham  
self-proclaimed sports scribe

Standing field-side Saturday morning, watching warm-ups for a college football all-star game, I paused to face the fellow sleep-deprived journalist beside me.

I pointed and told Mustang Daily sports editor Dan Watson to look, to behold the green Parthenon that some blaspheme as SBC Park and others call Pac Bell — yet another reason we had left San Luis Obispo just after 5:30 that morning to drive to San Francisco for the East-West Shrine Game.

It was the first time I had been on a field used by a major league baseball team since I'd taken a tour of Fenway Park the summer after eighth grade. I had last been inside SBC in August 2003, when I watched from the upper reserve as Barry Bonds cranked a game-winning homerun.

Watson wanted to go sit in the Giants' dugout — I mainly wanted to take in the surroundings. A busy day certainly lay ahead.

Before kickoff, I talked to a scout. Later in the press box, I sat beside a couple that ran a Web site for the New York Giants, shooting the breeze with the husband about baseball and the golden age of the NBA. After the game, I conducted interviews in a locker room typically home to visiting baseball stars.

Watson and I were there to cover linebacker Jordan Beck as he became the first Mustang to play in the Shrine Game in 51 years, solidifying his potential to become mid-round pick in the upcoming NFL Draft. Still, I know I had other motives.

In a press box filled with national media, Watson and I were conspicuously out of place, as the only college journalists in attendance. It finally hit us when we were leaving SBC Park on Saturday afternoon that, to our disappointment, we wouldn't be able to gain similar access again without press passes.

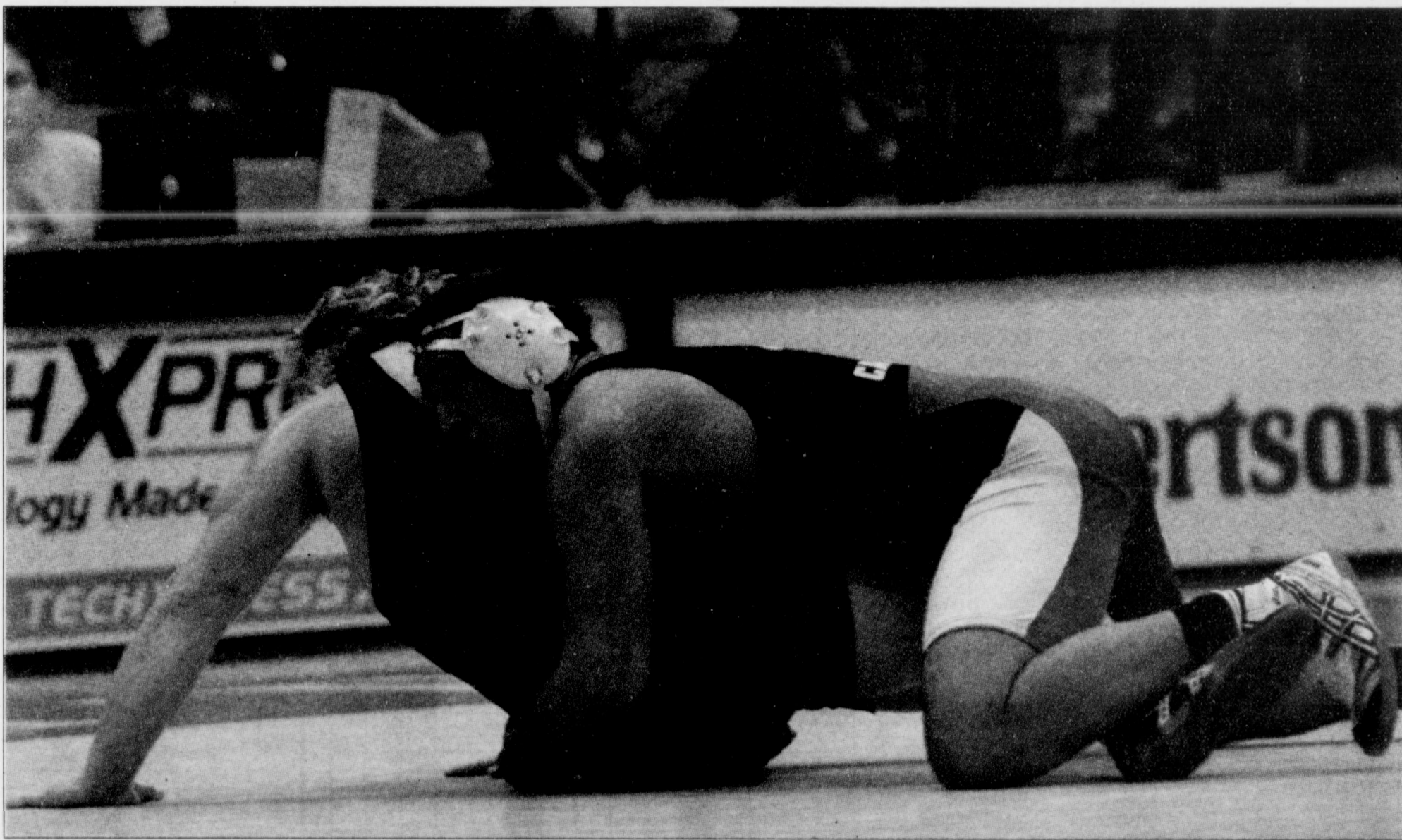
I wish I'd swiped an extra lunch or a complimentary notebook with a pigskin cover.

My job isn't always like this. Usually, I blow off homework and put in long hours to write about Cal Poly games or obscure athletes. I definitely don't mind the demands of this job — I'd be seeking employment in some other profession if I were unhappy.

Responses to my work are few and far between. Sometimes, I'll get feedback from some disgruntled reader, like when I aptly predicted defeat before a basketball game against UC Santa Barbara, the type of writing not

see Golden, page 15

# Loss still a stepping stone for wrestling



SHEILA SOBCHIK MUSTANG DAILY

Ralph Garcia decisioned Oklahoma's Austin David to pick up one of two wins for the Mustangs in a 26-6 loss to Oklahoma at home.

Allison Terry  
MUSTANG DAILY

Despite losing to No. 10 ranked Oklahoma University, the Cal Poly wrestling team proved it can dual with some of the top athletes in the nation.

The Mustangs lost 26-6 in the non-conference meet Saturday in front of a crowd of 400 people at Mott Gym. With seven nationally ranked wrestlers, the Sooners dominated eight of the 10 dual matches. But each match had a close score, and there were no pins or technical falls during the meet.

"I expected all the guys to be in their matches, and they all wrestled really well," coach John Azevedo said. "We would have liked to win a few more but they were all close scores. This is a top-ranked team and today's meet made us believe we can win."

Seniors Brody Barrios and Ralph Garcia picked up two wins for Cal Poly.

Barrios decisioned Oklahoma's Randy Salaver 7-3 in the 165-pound match. Barrios

scored two points with a takedown with 1:48 to go in the first period, and he scored three nearfall points to close the first period. Barrios scored another point in the second period when Salaver used an illegal hold. In the third period, Barrios scored one point for an escape and Salaver scored three points for an escape and a takedown.

"This match is a stepping stone for the team to see that we can wrestle at the national level," Barrios said. "We wrestled really tough and you can see the team's confidence raise after a day like today."

Wrestling at 197, Garcia decisioned Oklahoma's Austin David 3-2. After a scoreless first period, David scored the first point of the match with an escape early in the second period. Garcia scored early in the third period also with an escape. With 20 seconds left in the period, Garcia scored two points with a takedown. David scored one point with an escape in the closing seconds of the period.

The 149-pound match was a tight score

with Oklahoma's No. 3 ranked Matt Storlione decisioning junior Jeff Owens 4-2.

"I learned to be in a better mindset," Owens said. "I'll never let national ranking effect my mental preparedness again."

After a scoreless first period, Owens scored two points with a takedown, and Storlione scored one point with an escape. Storlione then scored two points with a reversal in the third period and controlled Owens for most of the match. Owens nearly earned a reversal of his own, but he was not able to free his foot from Storlione's grab. Storlione earned one point for riding time at the end of the match.

"Everyone was battling tough, going hard until the buzzer," Owens said. "It would have been nice if we had been able to earn a couple more points."

Coach Azevedo said wrestling some of the best athletes in the nation will help the team be better prepared for the competition that lies ahead.

see Wrestling, page 15

## 'We're looking down the barrel of a shotgun right now'

Kristen Oato  
MUSTANG DAILY

Coming home to Mott Gym after four games on the road did not help the Cal Poly men's basketball team.

The Mustangs started out strong in Monday's non-conference game against UC Davis plowing out to a 9-0 lead, but the Aggies tied the score midway through the first half and broke free to win 79-56. The Mustangs lost their fifth straight game and dropped to 3-11 overall. Leading the Mustangs was Mike Titchenal with 10 points. Titchenal also had 10 points in the Mustangs 76-56 loss to UC Santa Barbara on Thursday.

"We played hard, but I think they just shot way better than we did," center Phil Johnson said.

Leading Davis was guard Fowzi

Abdelsamad with 28 points and forward Ryan Moore finishing with 21 points.

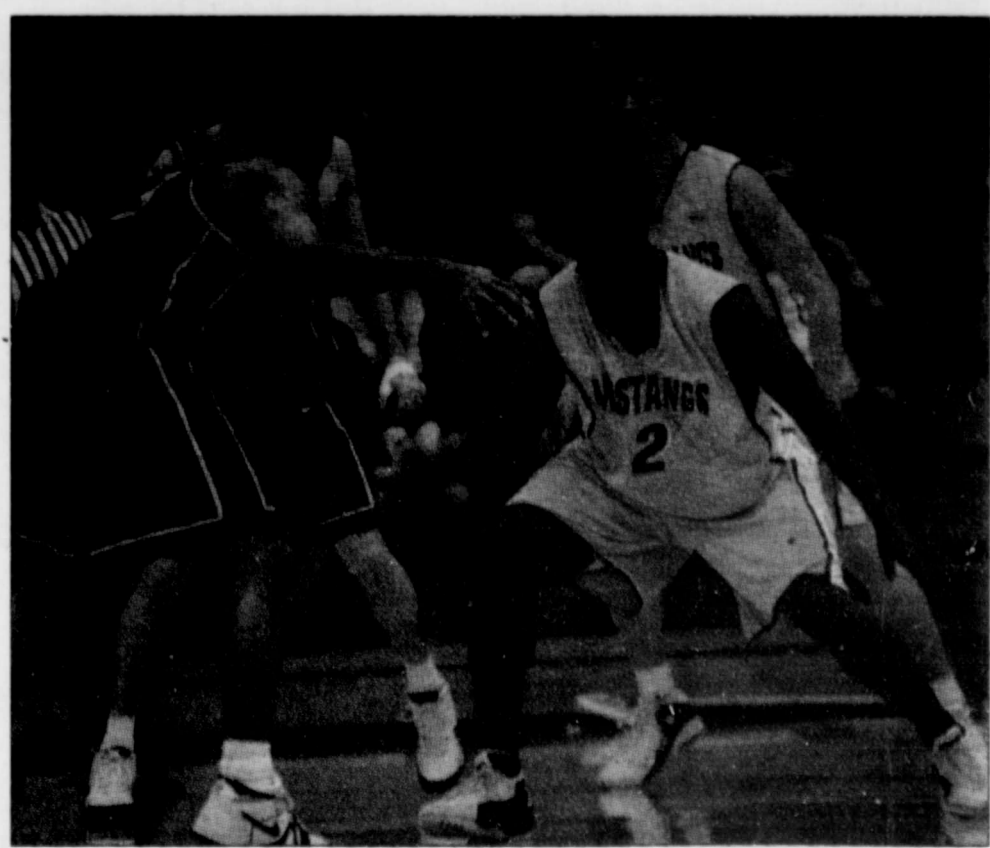
"I've got to give Davis a lot of credit. They were disciplined," coach Kevin Bromley said. "I thought they really executed their stuff and they made shots. Part of that is good execution in offense and part of that is poor defense."

The win on Davis' part ended a three-game skid.

"It's embarrassing we lost by so much," Johnson said.

The Mustangs have two more games at home this week and both could prove to be a challenge.

"We're looking down the barrel of a shotgun right now," Bromley said. "We've got the No. 1 team in the conference on Thursday, and No. 2 on Saturday. I thought this game scheduled this day was unfair by the conference office, period."



SHEILA SOBCHIK MUSTANG DAILY

Dawin Whiten keeps his eyes on the his defender in the Mustangs 79-56 loss to UC Davis

They put us behind the barrel. We're the only team in the conference that played four straight road games, and then turn around and

have two days off and then play three games in one week. And you know, this team's too young to do that."